

# What is Cedar Springs?

## Peaceful Beauty

Nestled in the foothills of Sumas Mountain near the Canadian border, Cedar Springs is a Christian retreat center that provides delicious food, comfortable lodging, spacious meeting rooms, and beautiful grounds for churches and Christian organizations to hold their conferences and retreats. Our 45-acre property, with its four lodges, can accommodate groups from 6-200 guests. We cater to adult groups and strive for excellence in all that we do. The peaceful beauty of Cedar Springs is located just 2 hours north of Seattle, and 90 minutes southeast of Vancouver, BC.



## History

### A Greater Purpose

The Cedar Springs property was purchased in 1974 by John and Katherine Bargaen. The Bargaen family lived in Canada, but would often spend weekends at what they affectionately called "The Farm". By 1980, it was evident to the family that God was leading them to develop the property into a retreat center. On August 14, 1982, the first lodge was dedicated to the Lord, for His honor and glory. Today, Cedar Springs hosts more than 8,000 guests each year and strives to provide them with the perfect blend of comfort and nature, so that they have every opportunity to meet with God and experience His life-transforming power.

Cedar Springs is registered as a 501c3 non-profit organization. Because of our religious non-profit status, Cedar Springs is required to only provide services to groups with a "religious purpose" for their retreat or conference.



*Cedar Springs*

**CHRISTIAN RETREAT CENTER**

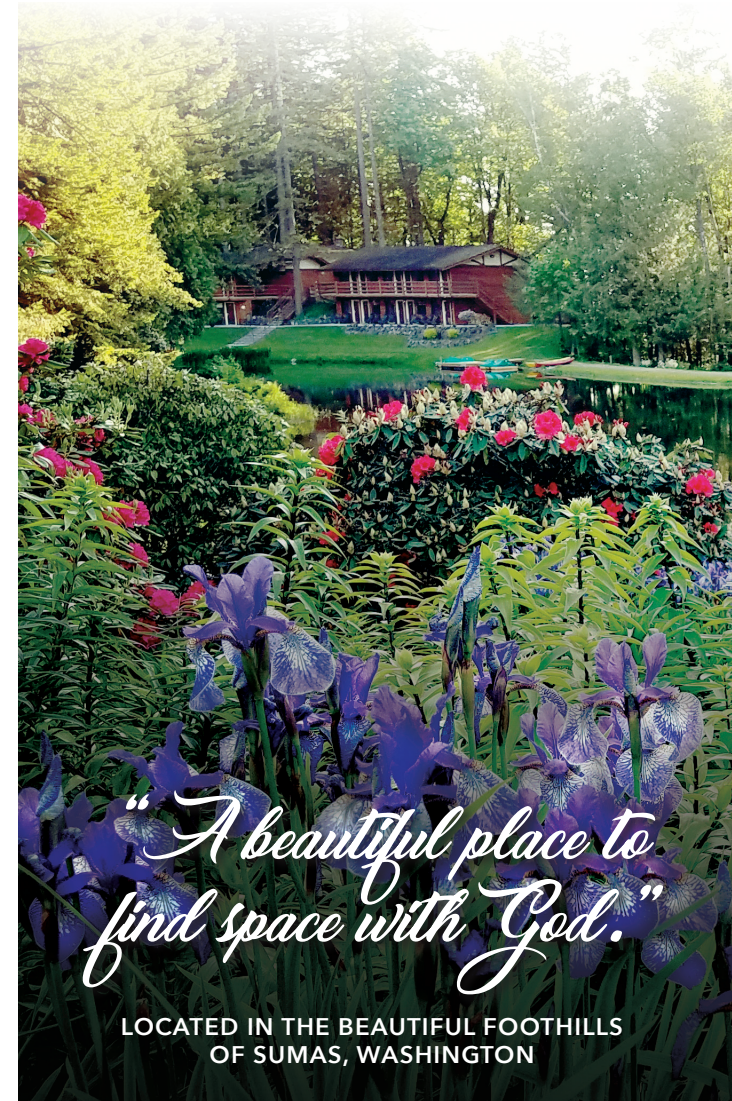
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**CHRISTIAN RETREAT CENTER**



*"A beautiful place to find space with God."*

LOCATED IN THE BEAUTIFUL FOOTHILLS OF SUMAS, WASHINGTON



## Mission

### Spiritual Enrichment & Growth

Cedar Springs is dedicated to providing a quiet, peaceful and natural environment prepared for adult discipleship programs that nurture Christian character and enrich the Church.



## Grounds

### Gardens, Hiking Trails, & Train Trestles

One of the most appreciated features of Cedar Springs is the natural beauty of the gardens, ponds, and hiking trails. In the 8 acres of gardens and ponds, you will find many quiet places to listen for God's voice in the beauty of His creation. Up for a hike? Adventure out onto the 4 miles of hiking trails through wooded forests, along Saar Creek, over old train trestles, or up to the top of Haystack peak to take in an amazing view of the Fraser Valley. Whether you seek quiet contemplation, or a brisk walk through the forest, God is evident in His creation!



## Food

### A Culinary Experience!

We take pride in serving delicious foods, and use a wide variety of unique recipes. Meals are served in two dining halls that overlook the beautiful ponds and gardens. Cedar Springs serves all meals family-style—encouraging conversation and fellowship! Gluten free, dairy free, vegan and vegetarian options are available upon request.

## Lodging

### Rest & Renewal

Lodge rooms with everything you need! Warmth and rest await you in one of our 67 beautiful guest rooms, each with a private restroom and shower. Each room sleeps 2-4 guests, and all bedding and towels are provided for your comfort and convenience. Book your retreat at Cedar Springs and never bring a sleeping bag again!



## Culture

### Caring & Devoted Staff

Many employees at Cedar Springs consider what they do to be their ministry, as well as their job. We put a high value on demonstrating true Christian hospitality, striving for excellence, seeking to serve others as we would Jesus himself, and creating a spiritual environment where our guests can have transformative experiences with God.

